

## Minutes - Elmhurst Commission on Youth Meeting

December 18, 2017 at 12:30 – Elmhurst City Hall

In Attendance: Jackie Tamer, Annie Jaworska, Melea Smith, Dannee Polomsky, Patricia McKernan, Mark Soehn, Kim Brigman, Sharon Karpiel, Derek Schlager, Anne Zimmer, Jan DeCoursey, Bob Rasho, Joey Kalwat and Nick Waldemeyer

Absent: Mike La Spisa, Marisa Mancini, and Dan Corrigan

Public Comment

Review of April Minutes – Derek made a motion to accept the minutes, seconded by Bob, motion passed.

Treasurer Report

Patty

Update on Commissioners

Jackie

- The commission is full with 12 members and 4 Ex-Officios. Jackie has emailed the Commissioners who have not completed the Open Meeting requirement. There was discussion on the requirements for a Quorum for our meetings – is it 2/3 of the members present or half the members present? Jackie said if anyone has a question about whether there are enough members present to vote, to let her know.
- Mission Review - There was discussion on the Youth Advisory Board. Dannee Polomsky is the liaison to the City Council. With our meetings at 12:30, it would be difficult for students to attend our meetings. York High School has an Advisory Committee and a member of the Commission could meet with them once or twice a year to see what issues they are dealing with that we could help with. The Middle Schools have a team of Counselors / Social Workers who meet periodically and a member of the Commission could attend one of their meetings to see the issues facing middle school students.

Regarding the network city-wide youth service providers, members of the Commission are from the Park District, YMCA, Elmhurst Public Library, Elmhurst Kiwanis, School District 205, Elmhurst Hospital, Elmhurst Juniors, and Elmhurst Newcomers Club.

Maintain and update Commission on Youth page of the City website – when the City revamped their website last year, some of the data was taken down. On the page currently is a listing of members, the purpose of the Commission, and links to the agendas and meeting minutes. There used to be links to resources available to youths and parents, but that section was deleted. Sharon said that the Library was looking into hiring a Social Worker Intern in the future who would be a source at the Library for resources for youth and parents. After the person is hired, the links could be set up on the Commission page.

Jackie will rewrite the Mission Statement for our next meeting. Jackie will contact Explore Elmhurst site and add a link for more information about the Commission, to visit the City website.

## Depression Program

Annie

- Linden Oaks has a new clinical psychologist and he can do a presentation after January 26. Sharon will check the Library for either January 31 or February 1, depending on Library availability. In the flyer, we should list that parking is limited to encourage car pooling or walking if close enough. Jackie and Annie will work on materials to be sent our January 8. Note – After meeting Sharon did confirm February 1 for presentation at the Library.

## Vaping Program

Jackie

- Jackie attended the last Safety meeting and Chief Ruth distributed the Illinois laws on vaping. The City needs to adopt an ordinance for the judication process. Jackie will attend the Safety meeting tonight.

## Upcoming Events

- Ten Job and Volunteer Fair will be March 14. The letter to send to businesses and organizations is ready to go out in January. The flyer has been sent to Sharon at the Library to be updated with this year's date. Letters will go out to all organizations and businesses that have attended the fair in the last 3 years. If anyone knows of additional organizations or businesses hiring teens, please let Patty know.
- Youth Exemplary Service Awards will be April 26 at Bryan Middle School. Anne said that Hawthorne's BRAG night was scheduled for that day. Melea said that she heard that the elementary schools were not going to hold BRAG nights starting this year, but she will check to verify. One nomination has been received for an award. Ken Bartel will once again MC the night. The press releases and paperwork have been updated and sent out. Diane McGinnis is no longer with Elmhurst Hospital so a 3<sup>rd</sup> judge will need to be found. If anyone has suggestions for a judge, please let Jackie know. Jackie will bring the rubric to the next meeting to review.

## Mindfulness

Annie

- Todd Flink is flexible on his presentation. His cost would be \$300 and he could to a power point presentation on different topics or give an introduction to the science of Mindfulness and handouts and experimental activities. It would be a public presentation and how beneficial it is to one's health. The presentation would be targeted for anyone and would be a feel good presentation. The presentation would be mid to late August, 2018.

***\*Next meeting Monday January 8th at 12:30, City Hall***