

Minutes - Elmhurst Commission on Youth Meeting

August 21, 2017 at 12:30 – Elmhurst City Hall

In Attendance: Jackie Tamer, Annie Jaworska, Melea Smith, , Dannee Polomsky, Patricia McKernan, Mark Soehn, Kim Brigman, Dan Corrigan and Nick Waldemeyer

Absent:, Sharon Karpel, Mike La Spisa, Brendan Bruckner, Katie Nelson, Anne Zimmer, Marisa Mancini, and Derek Schlager

Public Comment

- Bob Rasho from the Heritage Foundation attended our meeting as a guest

Review of April Minutes - There was no quorum so a vote will be taken next month

Treasurer Report

Patty

- There were no additions to the report from May 8

Update on Commissioners

Jackie

- Katie Nelson has left the Elmhurst Park District and resigned as a Commissioner. The Park District will assign a replacement for Katie.

Fall presentations

- School Anxiety/School Refusal Annie
 - Tuesday August 29th 7:30pm @ Bryan Middle School
 - Dr. Laura Koehler, Linden Oaks, clinical psychologist; recently spoke in Clarendon Hills last week and 130 people attended. The audience will be free to ask questions during her presentation and at the end. Dr. Koehler will walk into the audience with a microphone. A podium will be set up on the main floor. Melea will make the arrangements for set up. Video taping is not allowed by Linden Oaks.
 - Danee asked is there was a number of kids affected and Dan said there is a fair amount of students.
- Anti-bullying August “No Bull” Jarrett Payton Jackie
 - Friday, August 25th Bryan from 8:40 to 9:40 and Sandburg from 9:55 to 10:55. Tuesday, August 29 at Churchville from 8:40 to 9:40.
 - Saturday, September 9th; 9 am to 10am in Sandburg’s Auditorium and is open to all ages
 - Annie followed up with a speaker from Linden Oaks, but they are all booked. Annie will check on having handouts that morning.
 - Mark will contact local sports groups and reach out to their coaches
 - Jackie will look for past surveys and Annie will see what she has at Linden Oaks for the parents to fill out
- Brent Sopol learning disability/alcohol Jackie

- o Presentation will be October 25 in the York High School gym.
- o Rosecrance is sponsoring the program for \$500
- o Cost is \$5,000 and Rosecrance will be listed on marketing materials.
- o Matt Quinn is the community relations coordinator for Rosecrance and will be in attendance to do a Q&A after the program
- o Danee asked if the Police Department has a plan of action or how many kids are affected by drugs and alcohol. Dan said there is no referral to the Police, except for medical. Parents can bring their children to the hospital with no repercussions or follow up by the Police.
- o Danee asked if there could be an info flyer for parents if they suspect a problem with their children. Jackie said that Matt should have steps to take at the presentation to get help for the kids. Danee will speak with the Police Chief next Monday and see if there is a number of how many kids are affected, how to follow up, etc and report next month

Panel of experts discussion

All

- Panel with different speakers all talking about their topics. Kim mentioned speakers on social media apps, revenge porn after breakup, etc.
- Annie said we can have an Ask the Expert presentation from 9 to 11 on one day and in the evening the next to reach more parents. They are experts who get together to volunteer in different places. They would all be there together and people would stop in and talk one on one about their problems. It would be a casual atmosphere. Jackie will talk to Sharon about holding it at the Library. Annie would be one of the experts. The website is parentsmattertoo.com. Annie will research this more.

Mental Health First Aide Training

Annie

- The entire program is 8 hours. It is for people who want to learn more about signs of mental health. There are youth and adult mental health classes that shows you what to do if someone is in crisis. There is a free class on September 6 and 13 from 5 to 9pm at Linden Oaks facility in Hindsdale .

New business

- Sexual assault prevention speaker possibility – same thing with drug and alcohol consequences – if this happens, where do the students go
- Jackie suggested the Attorney General give a presentation on cyber bullying. Dan will speak with the AG and see about a possible date in November.

****Next meeting Monday September 11th at 12:30 City Hall***